

Cricket:

The Most Popular Sport in India



Cricket, similar to baseball, is played with a bat and ball over several innings. However, it has many differences too.

The goal at the end of the game is to have the highest number of runs. Points are earned when a batsman hits the ball with their bat and switches sides with the opposing batsman. If they have time to, the batsmen can switch between wickets multiple times, earning them more points. Points are also earned if a ball is hit beyond a boundary. If the ball hits the ground before going beyond the boundary, it is 4 points, but if it is an airball, it earns 6 points. Scores often go into the hundreds.

Each cricket team has 11 players, including a bowler (similar to a pitcher) and batsmen (akin to batters). Two batsmen will stand next to the wickets, pictured below, as the bowlers pitch to them one at a time.



Beginning as early as the 13th Century, cricket has become a popular sport in areas around the world. It is commonly played in India, England, Australia, Pakistan, the West Indies, and the British Isles both as informal weekend matches and as international matches, much like baseball is in America.

To learn more about cricket, please visit <https://www.britannica.com/sports/cricket-sport>

MARTIAL ARTS



There are over 180 martial arts in the world

Many do not have one style of teaching, but instead, are broken into several schools

Jujutsu: An Ancient Japanese Martial Art

**Judo: A Modern Descendant of Karate
Taekwondo**

Aikido: A Gentle Martial Art

Sumo: Japan's Traditional Martial Art

Wushu: Chinese Martial Art

Tai Chi

Hapkido

Eskrima

Kali

Muay Thai

.....and many more

Chi or Ki: idea of energy or breath concentrated in a person's center

Mind-Body Connection

Mastering and moving up in rank with a martial art takes years of dedication and practice

Westernizing/Modernizing of Martial Arts involves removing the religious connection. Sometimes called "Sportification"

Many martial arts originated in Asia, though styles vary across countries

Origins lie in the practical need that people must defend themselves without weapons

Almost all martial arts have connections to a religious belief system

<https://www.tsunagujapan.com/japans-most-famous-martial-arts/>
Credo Reference Database: "Martial Arts"



Stickball: A Native American Game

Stickball, also known as Ishtaboli or Itti' kapochcha to'li', meaning "little brother of war", is a game created by Native Americans. It was originally used to settle disputes among First American tribes instead of war and is known to date back to the early 18th century.

Now stickball is played in several different ways. It can be played as a social game, a ceremonial game, or as a modern field game, each type with its own set of rules. There is even a World Series of Stickball, just like the World Series of Baseball.

No matter what version of Stickball is played, they all have some commonalities. They all use a field similar to an American Football field which is 100 yards in length with a pole, called a Fabvssa, at each end for scoring. A ball made of rock and leather called a Towa is used to score by hitting or touching it to the pole, and the ball is carried and thrown between players using sticks, or Kapucha, similar to lacrosse sticks.

Although the game was originally used as a replacement for war, it is played today to honor Native American culture and to teach teamwork, among other reasons.

To learn more about stickball, its history, and its connection to Native American culture, please visit <https://www.chickasaw.net/Our-Nation/Culture/Society/Stickball.aspx>
OR

<https://www.choctawnation.com/about/culture/traditions/stickball/>

Herkimer College's Upsilon Epsilon Chapter of Phi Theta Kappa would like to recognize the Native American Tribes in New York.



Dambe

NIGERIA
AFRICAN COMBAT SPORT

A traditional form of boxing with three rounds

Also known as Kokawa

Dates back centuries

Origins with the Hausa people

Local butchers were the original fighters

Very few rules

Competitors fight with a single bound hand, traditionally tied with cotton and rope

The stronger hand, the punching hand, is known as the spear



Once forgotten, Dambe is making a comeback

Severe injuries are common

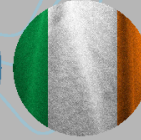
Youtube channel "Dambe Warriors" with 186K subscribers

Boxers compete to make money for their family

HURLING



- ANCIENT GAELIC AND IRISH ORIGIN
- OVER 2,000 YEAR HISTORY
- 18TH CENTURY: "GOLDEN AGE OF HURLING"
- IN 1798 HURLING WAS BANNED BECAUSE ENGLAND WAS AFRAID OF LARGE GATHERINGS OF MEN



The national sport of Ireland

Amateur sport!

Camogie: The name of Women's Hurling

30 Minute halves
10 minute half time

Under the bar= Goal, 3 pts
Over the bar= 1 point



Each team has 15 players per side

Sliotar: the ball

Hurley: the stick

The playing field is bigger than a soccer and rugby field

