

Teamwork Makes the Dream Work

Play it Forward:

How can the experience of play serve as a catalyst for epiphanies, innovations, and inventions?

Introduction

Do teams still promote communication and are teams still beneficial in a world where you can get a simple answer from a technological device in seconds?

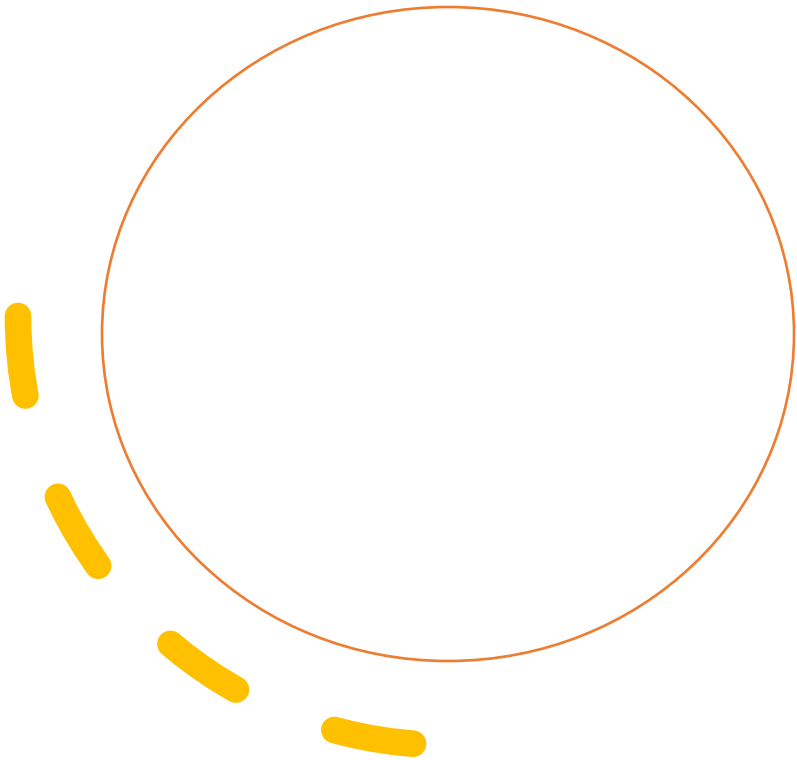
What is a Team and Teamwork?



- A Team is “People that work closely together towards a common goal”
- Teamwork is "A process that describes interactions among team members who combine collective resources to resolve task demands"

How can we utilize teams and teamwork in lieu of technology?

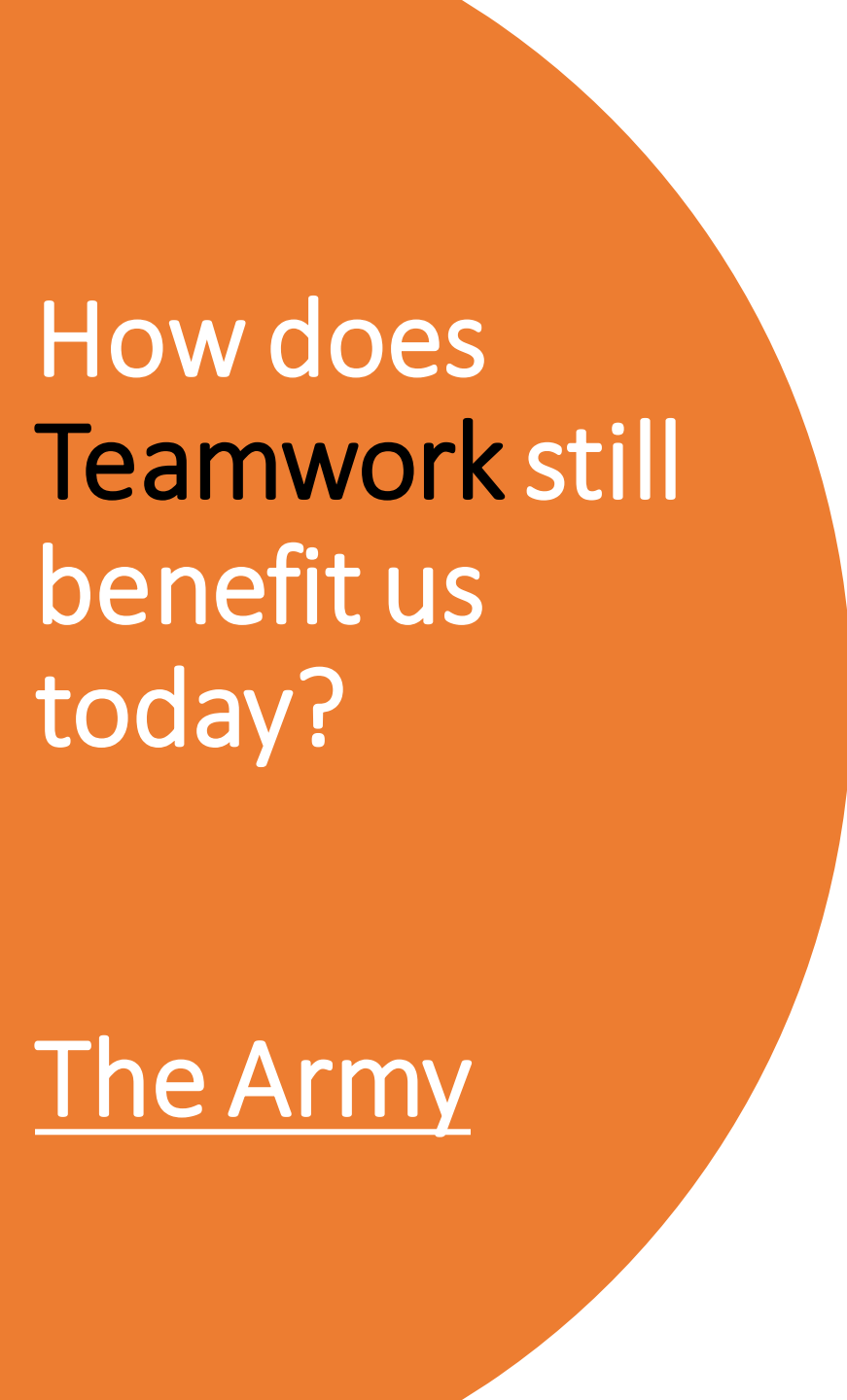
- Sports are a great example
- When we play sports, each person is invaluable compared to a phone
- Sports require teamwork and quick thinking
- When we use teams in sports, a level of trust is developed and allows for teammates to exchange ideas freely
- Those ideas could turn the tide in a close sports match



How does
Teamwork still
benefit us
today?

Our Hospitals

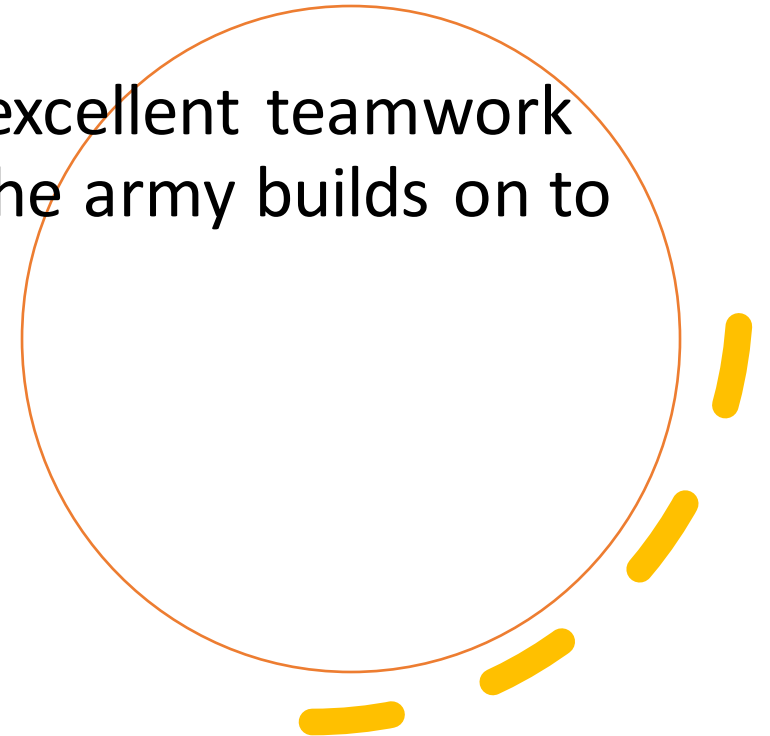
- In our hospitals teamwork is utilized every single day
- Interactions between nurses and doctors is critical to a patient's safety
- There's an extreme level of trust between all the professional staff while making decisions
- It was shown that teams who engage in teamwork are "2.8% more likely to achieve high performance than those who don't "


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The Army

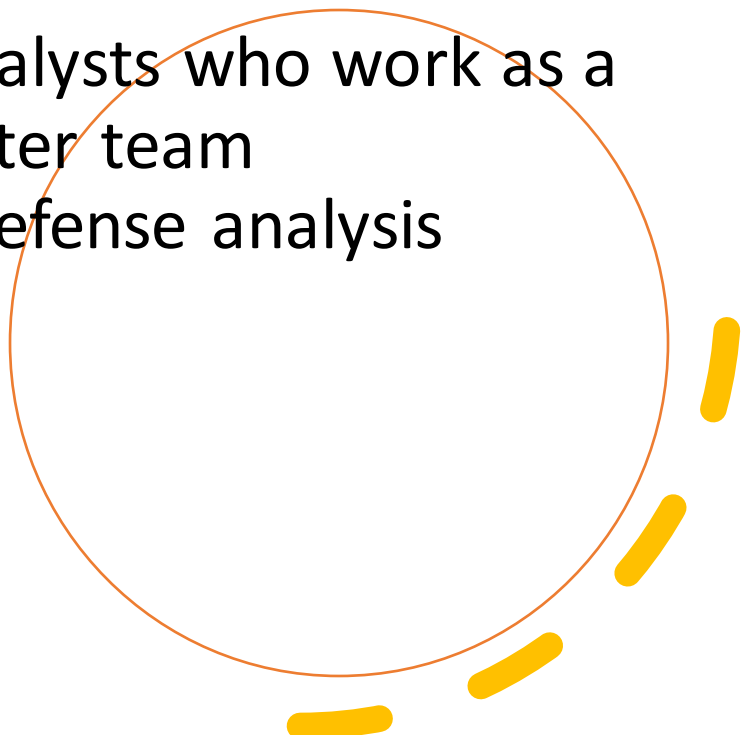
- The 5C's are encouraged in both Army life and Civilian life
- Competence-Communication-Compassion-Connection-Character
- The 5C's are crucial to excellent teamwork and are the skills that the army builds on to promote teamwork



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Our Cyber
Defense Teams

- Cyber defense is increasingly important in today's world
 - Prior research has supported the promotion of teams in cyber security
 - It's been shown that analysts who work as a team instantly have better team performance in cyber defense analysis
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How does
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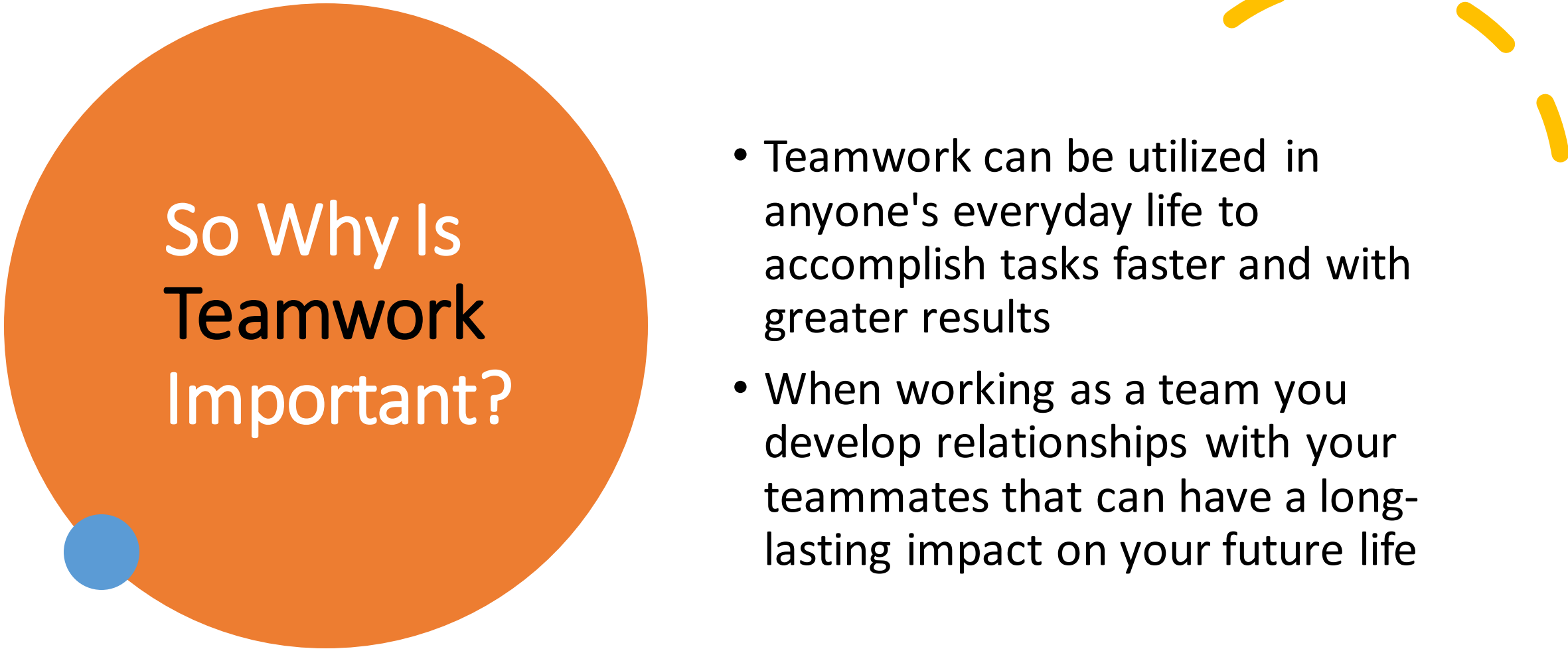
Mountaineering

- Mountaineering is an extremely dangerous task and requires excellent communication and trust
- Research suggests that just having a teammate who supports you emotionally increases your chances of a successful climb
- It was shown that teams with a participant who climbed before gave leadership to the group, decreased fatalities, and increased the chances of a successful climb

How does
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Students and the
Workplace

- From Sports to Career: The Play Goes On. . (2012).[Video/DVD]
Learning Zone Express. Retrieved from
<https://video.alexanderstreet.com/watch/from-sports-to-career>
- https://suny-her.primo.exlibrisgroup.com/permalink/01SUNY_HER/1tso0kr/alma991059950008804801



So Why Is Teamwork Important?

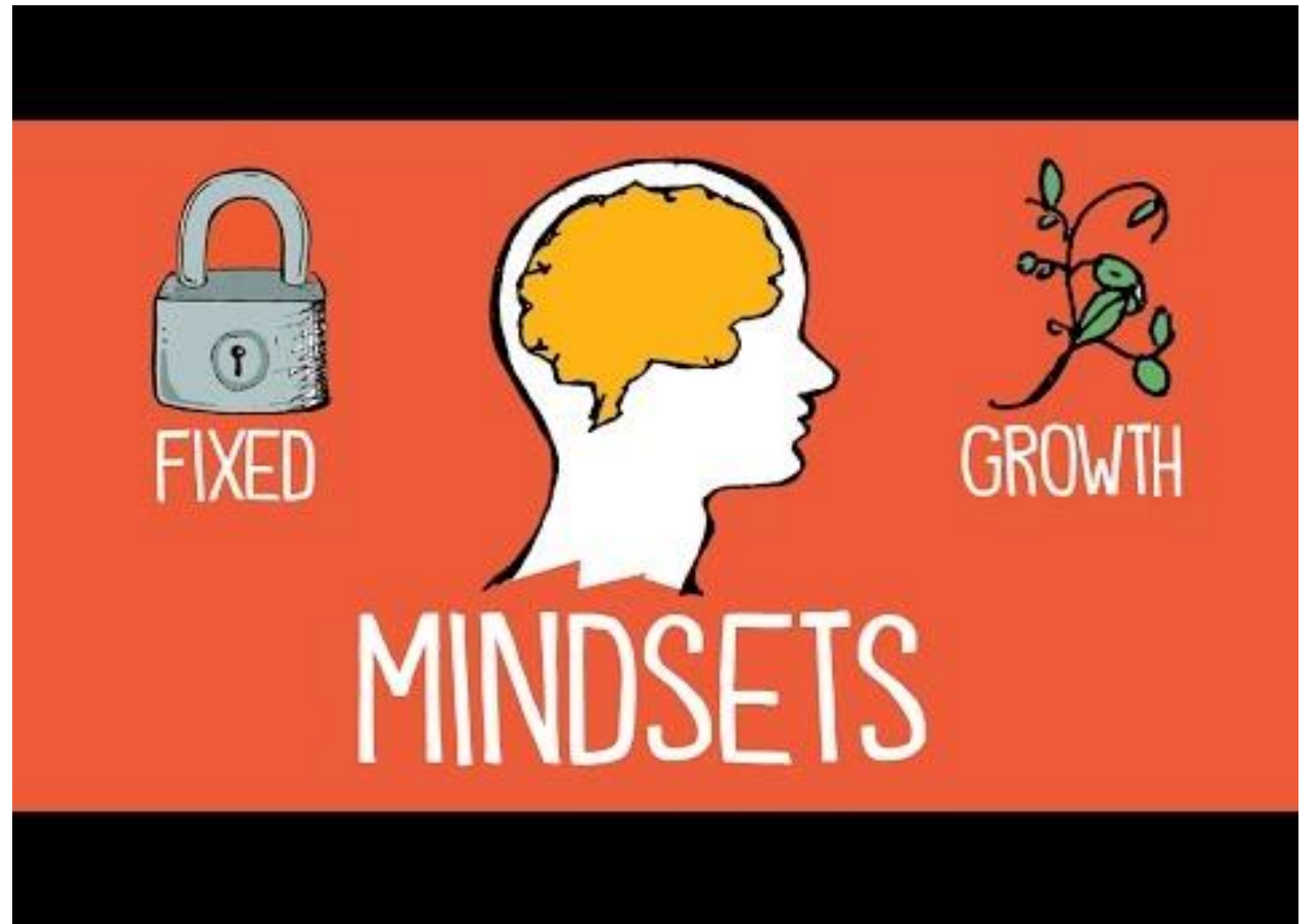
- Teamwork can be utilized in anyone's everyday life to accomplish tasks faster and with greater results
- When working as a team you develop relationships with your teammates that can have a long-lasting impact on your future life

Teams and Sports?



- The communication that occurs in teams promote ideas and possible innovations to succeed.
- However, teams must be formed and trust must be established together for the exchange of ideas and to make innovations happen.
- It is in the name, "Sports Team." When we play together, we learn together.

An Introduction to a Growth Mindset



How Growth Mindsets Impact Teamwork

- When one person with a fixed mindset works alone, they may not be motivated to conquer difficult tasks. But when they join forces with someone who has a growth mindset, the person with a growth mindset can help motivate them to persevere through the difficulties and to improve to achieve higher goals.
- When adopted by the entire team, growth mindsets can also help a team to achieve better results by allowing each teammate to know that one hardship or downfall is not representative of the whole or a permanent condition. Plus, growth mindset teammates are better equipped to accept and learn from constructive criticism.
- A team full of growth mindsets, moreover, can persevere, pivot, and learn during low points, as well as create more innovations during high points than any one person alone.



Conclusion

- It does not matter if we are working together or playing together when we do it as a team, we reach our desired outcome
- In our teams, we create new ideas that challenge the status quo and allow us to step outside our comfort zone to dream
- The support from our teams allow us to play, speak, and exchange ideas freely

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