



**PERSONAL MESSAGES OF SUPPORT FOR EACH OF THIS YEAR'S WRITE4RIGHTS CASES:**

***STOP BY OUR TABLE IN THE LIBRARY TO ADD A PERSONAL MESSAGE ON THE PRE-MADE CARDS.***

***THANK YOU FOR MAKING A DIFFERENCE!***

**BERNARDO CAAL XOL / GUATEMALA -JAILED FOR DEFENDING A SACRED RIVER**



Bernardo Caal Xol has done everything he can to peacefully protect his people's land and natural resources from plunder and biodiversity loss. When the river they rely on for survival was threatened by the construction of two hydroelectric power plants, Bernardo and his people protested. He was publicly smeared with repeated and baseless accusations. In 2018, a judge sentenced Bernardo to more than seven years in prison, convicting him without any evidence.

**SHOW BERNARDO YOU'RE WITH HIM** Send your messages of hope and solidarity, so Bernardo knows he's not alone in his struggle to protect his people's lands.

**ONLINE SUPPORT:** **TWITTER:** @BernardoCaal2 **FACEBOOK:** @bernardo caal xol **EMAIL:** [hrdamericas@amnesty.org](mailto:hrdamericas@amnesty.org)

**ZHANG ZHAN / CHINA - REPORTING ON COVID-19 GOT HER LOCKED UP**



When Wuhan went into lockdown, Zhang Zhan was one of the few citizen journalists to report on the unfolding Covid-19 crisis. Determined to get the truth out, the former lawyer travelled there in February 2020. She took to social media to report how government officials had detained independent reporters and harassed families of Covid-19 patients. She was later detained and sentenced to four years in prison to silence her.

**Send Zhang Zhan a message of hope,** such as: Zhang Zhan, your dedication to reporting the truth will continue to inspire others. We will continue to support you and look forward to the day you regain freedom. Keep your spirits up!

(\*To increase the chances of Zhang Zhan actually receiving your message, please do not mention Amnesty International anywhere in it.)

**MOHAMED BAKER / EGYPT - LOCKED AWAY FOR DEFENDING FREEDOM**



Human rights lawyer Mohamed Baker must do without his wife, cats, and everyone else he loves. Falsely accused of terrorism, he's in prison for defending the rights of some of the most marginalized people in Egypt. The prison authorities have treated him especially cruelly, refusing him a bed, mattress, outdoor exercise, even family photos. Defending people's freedoms should not cost him his own.

**HELP KEEP BAKER'S SPIRIT STRONG** Post your messages of friendship and solidarity for him on Twitter or Facebook using the hashtags: #Free\_Baker / # Don't forget to follow/like the following accounts to show your support: Post your messages of friendship and solidarity for him on Twitter or Facebook

### **WENDY GALARZA / MEXICO -SHOT WHILE PROTESTING VIOLENCE AGAINST WOMEN**



For Wendy Galarza, helping to raise young children is the best way to create a fairer world. It's a goal she works hard for in Mexico, where women are often abused and killed for being women. In November 2020, she joined a march protesting the murder of a woman known as Alexis. During it, police fired shots and Wendy was wounded. She launched a case against the police, but those responsible for the violence have not been brought to justice.

**SHOW WENDY YOU'RE WITH HER** Write a message of support to Wendy, telling her how much you admire her for standing up for the rights of women, and expressing solidarity with her fight for justice.

**Post your message on Twitter, mentioning @ShoutForWendy and using the hashtag #ShoutForWendy or #GritoPorWendy. Photos of handwritten messages are more personal and would help to bolster Wendy's resolve.**

### **SPHERE / UKRAINE - ATTACKED FOR DEFENDING LGBTI & WOMEN'S RIGHTS**



Sphere NGO have been championing LGBTI and women's rights since 2006, and are among the oldest organizations of their kind in the country. Founded by activists Anna Sharyhina and Vira Chernygina, they provide a safe space for women and LGBTI people in Kharkiv, Ukraine's second largest city. In recent years, however, they have suffered dozens of attacks by violent anti-LGBTI groups. Anna and Vira report these incidents, but the police have failed to hold anyone accountable.

**STAND WITH SPHERE** Take a photo of yourself holding messages of support and send it to Sphere. Remember to post it on your social media channels, tagging Sphere (@spherewa on Facebook and @KharkivPride on Twitter and Instagram). TO: Sphere ADDRESS: PO Box 10399 Kharkiv, 61005 Ukraine

## **JANNA JIHAD / OCCUPIED PALESTINIAN TERRITORIES – HARASSED FOR EXPOSING ISRAELI VIOLENCE**



Janna Jihad just wants a normal childhood for herself and all other Palestinian children. But the 15-year-old Palestinian teen lives in the Israeli-occupied West Bank – and life under systematic discrimination is anything but normal. Having begun documenting military violations at the age of seven, Janna’s principled journalism has attracted unwanted attention. She’s been harassed and threatened with death, but she won’t give up – not until institutional racism against Palestinians ends.

**SHOW JANNA YOU STAND BY HER** Write her a message of solidarity and hope. Take a photo of it and post it to her Facebook page, then mail it to the postal address further below. FACEBOOK: [www.facebook.com/Janna.Jihad](https://www.facebook.com/Janna.Jihad)  
ADDRESS: Amnesty International 6 Ibn Jubair Street Sheikh Jarrah PO BOX 42626 Jerusalem, Israel

## **IMOLEAYO MICHAEL / NIGERIA - FACING TRUMPED-UP CHARGES FOR PROTESTING POLICE VIOLENCE**



When young people took to Nigeria’s streets in October 2020, Imoleayo Michael joined them. They were protesting against the Special Anti-Robbery Squad – or SARS – a police unit notorious for violence. The young computer programmer promoted the protests on social media, using the hashtag #EndSARS. Two weeks later, armed men took him from his home and locked him in an underground cell for 41 days. He’s facing trumped-up charges and years in prison.

**SHOW IMOLEAYO HE’S NOT ALONE** Write him a message of friendship and support. Take a photo of it and post it on your social media channels, tagging him as shown below and using the hashtag #FreeImoleayo. TWITTER: @imoleayomichael (tag @AmnestyNigeria) FACEBOOK: [www.facebook.com/adeyeun](https://www.facebook.com/adeyeun) (tag @ainigeria)

## **RUNG PANUSAYA / THAILAND - FACING A LIFE SENTENCE FOR PEACEFUL PROTESTS**



Once a shy, quiet teenager, Panusaya – known as “Rung”, meaning “rainbow” – has become a leading voice in Thailand’s democracy movement. The university student, a vocal proponent for equality and the right to freedom of expression, opposes the use of the lèse-majesté law to silence government critics. In March 2021, the authorities jailed her for 60 days under this law. She went on hunger strike for 38 days and was released. Today, she faces dozens of charges against her and life imprisonment.

**HELP RUNG KEEP HER SPIRIT STRONG** Send her your message of solidarity and hope. Draw pictures of rainbows (Rung’s name means “rainbow”) to accompany your message, take a photo, and post it to your social media, tagging Rung when you do. Then, mail your message to the address further below. Don’t forget to follow her! FACEBOOK: [www.facebook.com/panusaya.sithijirawattanakul](https://www.facebook.com/panusaya.sithijirawattanakul) TWITTER: @PanusayaS INSTAGRAM: @overttherainbow ADDRESS: Amnesty International Thailand 139/21, Soi Lat Phrao 5 Chom Phon, Chatuchak Bangkok 10900 Thailand

## **MIKITA ZALATAROU / BELARUS - TEEN BEATEN, ELECTROCUTED, AND JAILED**



Mikita Zalatarou was waiting for a friend when he was swept up in a crowd of protesters and straight into a nightmare. Within 24 hours, officers arrested the 16-year-old at his home, accusing him of throwing a Molotov cocktail at riot police. They locked him up and allegedly tortured him. Despite a lack of evidence, Mikita – who also has epilepsy – was convicted and jailed for five years.

**SHOW MIKITA YOU'RE WITH HIM** Send him your messages of solidarity and friendship. If you're into Minecraft like Mikita, try creating environments that symbolize freedom and hope in the game, print them out, and send them to him. TO: Mikita Zalatarou Educational Colony V.K – 2 ul. Batova 4 Bobruisk 213800 Mog

## **CIHAM ALI / ERITREA - TAKEN AT 15 AND NEVER SEEN AGAIN**



Born in Los Angeles and raised in Eritrea, Ciham Ali wanted to be a fashion designer. But at 15, her ambitions were cut short when she was arrested trying to flee Eritrea – and never seen again. The authorities appear to have taken her in retaliation against her father's suspected involvement in a coup attempt on the government. Nine years on and no one knows where Ciham is being held. Meanwhile, the US government has been silent on their citizen's plight.

**HELP CIHAM'S FAMILY KEEP THEIR HOPES ALIVE** Take a picture of yourself wearing anything purple – Ciham's favourite colour – and post it on social media to show solidarity with Ciham and her family. Use the hashtag #Purple4Ciham and tag Secretary Blinken!

## **DEMAND JUSTICE FOR THESE 10 INDIVIDUALS AT RISK ONLINE**

Human rights defenders are under threat across the world — they face intimidation, harassment, imprisonment, and even death. It's up to people like us to speak out against this injustice, and demand that those in power protect the human rights of each and every one of us.

These 10 stories highlight ongoing crises — from attacks on freedom of expression to unjust imprisonment to brazen suppression of dissent. Take a moment to demand action on our 2021 Write for Rights cases right now

### **TAKE ACTION FOR HUMAN RIGHTS ONLINE – SIGN ON BEHALF OF ALL 10:**

[https://act.amnestyusa.org/page/92814/petition/1?ea.tracking.id=spgcowst&supporter.appealCode=W21XXWAW4R0&en\\_og\\_source=W21XXWAW4R0](https://act.amnestyusa.org/page/92814/petition/1?ea.tracking.id=spgcowst&supporter.appealCode=W21XXWAW4R0&en_og_source=W21XXWAW4R0)

